2015



Shroffs Foundation Trust MEAL SUPPORT TO TRIBAL
TRAINEES AT VIVECVOCATIONAL TRAINING
CENTER, PALDI, WAGHODIA





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1. Introduction

Youth is the window of opportunity that sets the stage for a healthy and productive adulthood and to reduce the likelihood of health problems in later years. Under-nutrition is particularly serious in the age group of 15-19 years, in the lower income group and among scheduled tribes. The tribal population is recognized as socially and economically vulnerable with higher prevalence of under-nutrition, mainly due to poverty. Data revealed that during 2001 and 2006, more than half the population aged 10-18 years was under-nourished. In the tribal areas of Gujarat, the prevalence of under-nutrition in the age group of 10 to 24 years was ranging from 56 to 68%.

This is the age group of Tribal Students who are undergoing Vocational Training with VIVEC and becoming earning member of their families.

With the increase in the skilled work force it would then become necessary to balance their nutrition level by inculcating healthy food habits, and also by sensitizing them about poor sanitation and environmental conditions that spread water-borne diseases.

"Improve nutritional intake for the tribal students undergoing Vocational education/ skill development at Vivekanand Institute of Vocational and Entrepreneurial Competence (VIVEC)-Shroffs Foundation Trust (SFT)".

2. Project components- Meal Support for Youth Trainees at Vocational Training Center

SFT has rich experience of fulfilling dietary and nutritional needs of patients of its three hospitals since two decades through its experienced nutritionist in its core group.

Establishing the VIVEC with residential facilities, diet-plan menu for the tribal trainees is prepared considering their taste and culture. New recopies are introduced to cultivate taste and food habits incorporating food rich in minerals, vitamins, fats, fiber, proteins and carbohydrates to maintain and enhance their nutrition level. Regular awareness sessions are organized with them for healthy food habits, importance of nutrition-hygiene in food preparation.

Meal of an entire day is provided to the trainees of VTC. To provide nutritious and healthy food; different models like food through in-house canteen facilities or outsourced facilities were experimented. After having teachers & trainees feedback, the menu is finalized with model of bulk purchasing method and outsourcing labour for cooking.

We experienced that the lowest average cost per trainee/month is `2,130/- for whole day meal. It may be increasing but not decreasing any way.



Currently Government supports `1,000/trainee/month as part of the program and rest managed by SFT. To bridge the gaps in meals; we seek support of `1,000/trainee/month for an average four training months from Corporates through their CSR.

3. Measurable outcome from the project

Sr.	Outcome	Unit	Baseline Figures	End-line Figures
1	Increase in health status of trainee youths through having balance and nutrition food	Unit of 25 Trainees	Body Mass Index of trainees (unit of 25 youths) at the beginning of the training	Body Mass Index of trainees (unit of 25 youths) at the end of the training

4. Details of the implementing agency-Shroffs Foundation Trust

Shroffs Foundation Trust (SFT) – registered as a non-profit organization in 1980 under Bombay Public Trust Act 1950 and serves through integration of development of human & natural resources at village level.

The Trust provides support services in diverse areas such as; Medical & Public Health Programs, Education and Vocational skills, Community & Women Empowerment, Natural Resources Management, Safe Drinking Water, Skill Up-Gradation, Income Generation/Livelihood Enhancement Programs, Agricultural and Horticulture Development, Animal Husbandry and Fodder Development and Drudgery Reduction. The Trust has expertise in Disaster Management. The trust had taken up responsibility in relief and rescues, rehabilitation and resource mobilization in flood, cyclone and earthquake hit regions.

Mission

"To assist village population in improving their productivity, efficiency and creativity through services and goodwill, with the support of industries, academic institution, voluntary and government agencies and with the guidance of competent and committed experts by knowledge, inputs and effective management of available resources viz. land water, energy, livestock and people. To upgrade the quality of lives of everyone in the villages the children, the youth, women, men and the aged, mainly through their own involvement, interest and initiative." SFT is in process to evolve a society through transformation of Garibi Mukt (Poverty free); Nyay Yukt (Fair Justice); Shoshan Mukt (Exploitation free); Poshan Yukt (Healthy and Nutritious) and Pradushan Mukt (Pollution free).



Core Objectives/ Activities:

- To organize the community and empower people.
- To transfer technology for development of their traditional occupations.
- To provide backward and forward linkages in rural development activities.
- Wealth generation by integrated approach of total area development using the local resources.
- To make the people self sufficient and self-dependent.

Organization

Name SHROFFS FOUNDATION TRUST			
Address	At & Post: Kalali, Tal. & Dist: Vadodara		
Auuress	PIN - 390 012.		
Phone nos.	0265 - 2680702, 2680061		
Fax Nos.	0265 - 2680370		
E-mail ID	sft@shroffsfoundation.org		
Website:	www.shroffsfoundation.org		

Registration

• K	• Registration						
i.	Name of the Act under which the is registered	Mumbai Public Charitable Trust Act 1950					
ii.	Registration No. & Date	Reg. No: E / 2818 / Vadodara Date: 5/12/1980					
iii.	PAN No.	AAATS5947A					
iv.	Registration under Foreign Contribution Act	041960094 Date: 14/12/1999					
v.	Registration under 12 (A)	Registered vide file no: 110-36-S/80 Date: 20 th Feb-1981					
vi.	Registration under 80 (G)	Registered vide file no: (197) (73) / 2007- 08 Date: 16 th Jun-2008					
vii.	Certificate of Accreditation on minimum norms	CA/58/2010-11 Date: 12th Oct-2010					

SFT carries versatile experience of almost three decades in implementation of rural development programs in Gujarat and had successfully established a model where Industry, Community, Voluntary Organizations, Academic Institutions and Government Agencies are working together for social benefit in the true spirit of public private partnership.

SFT is operating in Vadodara, Chhotaudepur and Kachchh region covering 424 villages and are served through its five centers i.e. Head Office at Kalali-Vadodara, Chhotaudepur, Jetpur Pavi, Hodko (Bhuj) and Paldi (Waghodia block, Vadodara Dist.). Each center has fully fledged dedicated program heads supported by program officer, field officer, supervisor and field workers and trained village volunteers for the smooth implementation of programs and achievement of desired results. The initiatives of SFT has broadly structured in five divisions:

1. Development (Integrated Rural Development)



- 2. Shardadevi Gramudyog Society (Federation of Tribal women linked with income generation activities)
- 3. Medical & Public Health (Curative & Preventive Health)
- 4. Education and Training (VIVEC-Vivekananda Institute for Vocational Entrepreneurial Competence)
- 5. Corporate Social Responsibility Cell

About SFT's initiative VIVEC - in development of Vocational Skills:

The concept of "Man Making" as taught Swami Vivekanand was dream & vision of Shri Govindjibhai Shroff, Pioneer of Shroffs Foundation Trust. VIVEC was initiated by Shroffs Foundation Trust (SFT) as tribute to this dream & vision during the centenary birth celebration of Shri Govindjibhai Shroff in 2011. It is with partnership with the Government of Gujarat (GOG) under its Vanbandhu Kalyan Yojana through Tribal Development Department for establish a Vocational Training Center (VTC) under Public-Private-Partnership (PPP).

VIVEC is a unique Vocational Training Center, having its campus of 5 acres in the heart of industrial belt (Halol/ Savli/ Jarod/ Manjusar) with modern workshops and classrooms We at VIVEC currently running 13 different vocational trades and have road map to start another 7 in this year.

This quest for excellence has resulted in conceptualizing world class VTC – A Center of Excellence under able guidance of Smt. Shrutiben Shroff (Managing Trustee – SFT) and with support of GIZ IS (German International Corporation) who is Technical Partner in VIVEC. It is situated at Paldi is having sprawling campus with state-of-the-art workshops, laboratories and other infrastructure facilities including hostel facility for 400+ trainees. It is equipped with full fledge infrastructures, spacious labs and class rooms, modern equipments and with sufficient qualified and experienced teaching staff. Strength of each class will around 25-30 trainees with annual capacity of 1400 trainees.

Expertise in providing Employability through Skill trainings:

A range of long, medium and short term highly flexible market driven training courses in various trades are being offered based on present needs of the industries and customized for specific needs. SFT-VIVEC is offering residential program with hostel facility to Tribal Youth. SFT has track record of 1887 trainees (as on Sep-2015) vocationally trained & 85% to 90% placement with ensured 50% girls participation since 2011. Following are various trades offered at VIVEC:

Sr. No.	Course Title	Duration in months	Total Passed out Trainees	Placed Trainees	Remarks
1	Bedside Assistant	5	465	400	Office Beacon
2	BPO Executive / DEO	6	288	238	Pattern IndiaGanesh Polygraph
3	Chemical Plant Operator	4	72	67	Aditya Birla Minacs
4	Elect. & House Wiring Tech.	5	97	92	Kochar InfoTech
5	DTP Operator	5	293	242	CheminovaD. M. Pharma
6	Fitter	3	43	33	Cadillac Chemicals



Sr. No.	Course Title	Duration in months	Total Passed out Trainees	Placed Trainees	Remarks
7	Hand Embroidery	6	57	57	Banco Limited
8	Retail Sales Person	3	29	25	Schneider ElectricalParesh Electrical
9	Industrial Electrician	5	63	63	 Pratap Industries
10	Ind. Sewing Machine Operator	3	405	340	Kalpana Garment Charles Tailering Firms
11	Welding Technician	5	75	75	Chauhan Tailoring FirmPravar Hospital
12	CNC Lathe Operator #	6			City Lite Hospital
13	CNC Milling Operator #	6			Rainbow Hospital
14	Fabricator #	5			Om OrthopedicAkshar Hospital
15	Lathe Operator #	5			 Labh Hospital
16	Maintenance Mech-Chemical Plant #	3			Varia HospitalSanjivani Hospital
17	Baker & Confectioner *	3			Wel Care HospitalNeel Hospital
18	Dialysis Assistant *	3			• D – Mart
19	Food Processing *	3			• Dominos
20	Milling Operator *	5			Pizza Planet
	Total Trainees		1887	1632 (86%)	

#-Courses newly introduce will be commenced soon, *-Courses will be introduced shortly

Unique features of VIVEC

- Emphasizes a blend of most contemporary teaching methodology designed by the GIZ IS with deep rooted ethos of ancient Indian Philosophy.
- Globally accepted curriculum for holistic development and greater learning and grasping skill.
- World-best educational practices, industry-guided syllabus superbly taught to the meritorious and diligent tribal trainees by expert faculty.
- ⇒ VIVEC's learning system is hugely industry-relevant and industry driven due to corporate tie ups and support.
- Trainees being recognized positively by Industry and get 100% excellent placement from the inception.
- **⊃** Leading Organizations recognizes the unique technical skills that VIVEC's every trainee develops.
- Nachiketa Youth Development Program: Wonderful initiative for 360 degree development of trainees through extra curriculum activities, Value Education, Character Building and Personality Development.
- Unique "feel at home" boarding facility for boys and girls with all amenities and ultra modern kitchen and large cafeteria.

For any further information you can visit our website: www.shroffsfoundation.org



5. Funding Mechanism

- **Participant Youths:** The VIVEC facility has 400 residential trainees with average course duration of 4 months with annual target of 1400 trainees.
- **⊃ Details of Meals during a Day:** Comprehensive figure INR in `

	Cost per trainee/ day	Cost per trainee/ Month (30 days)
Tea, Breakfast	18	540
Lunch	27	810
Dinner	26	780
Total	` 71	` 2,130

Calculations of Meal per trainee per month

Cost of Meal per student per month	ส ์ ใ2,130 /-
Government Support	se l'1,000/-
Support from SFT	สใ130/-
Support seeking through CSR	ส ใ 1,000/-per trainee/ month

⊃ Appeal for Meal Support: Providing a meal to the needy is considered a very pious and noble duty in our Indian Tradition. When it provided to the poor and needy trainees while they fight their poverty, this gesture gains more significance and dignity. You can help us provide free meals to trainees for their short term duration. Averagely, one trainee resident in VIVEC for 4 months for different vocational trainings.

The total cost of providing meals at VIVEC is `2,130/- per trainee per month. i.e. for 4 months `8,520/- per trainee; of this, `4,000/- per trainee is being supported by Gujarat Government, `520/- per trainee by us and we seek CSR support ` of 4,000/- per trainee for the average training duration of four months.

• Following illustrative table indicates ready-rackner for funding through CSR.

Meal support @ Rs.4,000/- per trainee for four months

Count of	No. of	Average 4 months-Duration of
Units	Trainee	Vocational Training
1	25	1,00,000
2	50	2,00,000
3	75	3,00,000
4	100	4,00,000

However sponsoring organization can choose the count of trainees it wants to support in multiple of units of 25 students each amounting to `1,00,000/- for four months up to a maximum of 55 units amounting to `55,00,000/- for 12 months.



6. Annexure

a. Details of individual Component:

The Vocational Training Center named VIVEC managed by Shroffs Foundation Trust – a non-profit organization and supported under the Van Bandhu Kalyan Yojana of Gujarat Government. Up to 2020 total 9000 tribal youths are going to train at this VTC situated at Paldi, Waghodia block, Vadodara district.

The education to the tribal trainees is fully sponsored by the Government of Gujarat. This includes tuition fees, reading material, residential fees, uniform and lodging fees. Balanced nutritional food is being provided to the Resident Tribal Trainees. The whole day meal includes breakfast, lunch and dinner to each resident trainee. Trainees have to pay fees for their MES examination of `800/-.

Detailed working shows that a trainee resident in the campus for average four months. Per month per trainee the expenditures comes around `2,130/-; of which the Government sponsors `1,000/- for meals for each trainee per month while `1,130/- is supported through the donation drive organized by the Foundation.

b. Manpower Details

Since this project is supported by the Government and hence all the manpower too. Shri Raj Gopalbhai, General Manager is manages the campus and all training activities while existing canteen supervisor supporting him to manage the chores of the canteen. There is no additional man power seeking from this project.

c. Monitoring Mechanism

- SFT has established a system of monitoring of quality of food provided to the trainees during their vocational education at VIVEC.
- A canteen committee of 5 member is formed at VIVEC comprises of one teacher, canteen supervisor and three trainees (elected by the trainees representing their comments). The foods provided to the trainees are regularly tested by these committee members.
- Regularly they meet and discuss for any change in quality of food and how to minimize food waste from the trainees and different remedial measures for the same are taken-up.
- We can share Minutes of their monthly meetings.
- Interaction of Corporate CSR team with the students of VIVEC.
- Progress Reporting SFT will provided detailed report of the support provided to
 the trainees in the format as mentioned here under. This report will be submitted in
 the first month after grant received and in the last month of the grant utilized with
 details and photographs.



	Report for the month -									
Sr.	Name of	Name	Gender	Duration	Batch	Body Mass	Batch	Body Mass	% of	Change
	Vocational	of		of course	starting	Index of	End	Index of	pres	in BMI
	Trade-	Trainee			Date	trainee on	Date	trainee on	ence	index
	Batch no.					first day		last day		
1										
2										

• **Financial Reporting** – SFT will provided unaudited fund utilization report at the end of the duration in the format as mentioned here under:

Month	Date of Fund received	Support extended to no. of trainees	Balance if any

- **d. Risk Factor:** There is mainly one risk factor involved as follows:
 - a. If no support provided by any CSR: SFT will continue to raise funds through donations to meet these expenses.

e. Sustainability Plans:

- a. The trainees are educated and made aware about rich food consisting minerals, vitamins, fats, fiber, proteins and carbohydrates to maintain and enhance their nutrition level with healthy food habits and importance of nutrition-hygiene in food preparation.
- b. Adequate hand holding and support provided to the trainees continuously for six months after their placement.
- c. After then these trainee could be further enquired and supported through awareness and motivation for balanced and healthy food habits.
- **f. Details of Implementing Agency & contact:** The project will be implemented through Shroffs Foundation Trust through its Vocational Training Centre VIVEC at Paldi, Waghodia, Vadodara. Following mentioned are the contact details:

Implementing Agency:	Management of VTC:
Shroffs Foundation Trust	Vivekanand Institute of Vocational &
AT & Post: Kalali,	Entrepreneurial Competence
Tal & Dist: Vadodara – 390012.	AT & Post: Paldi,
Phone: 0265-2680702/ 2680061	Vadodara – Halol Highway,
Email ID: sft@shroffsfoundation.org	Tal: Waghodia, Dist: Vadodara-391510.
Website: <u>www.shroffsfoundation.org</u>	Phone: +91 762 405 3867
	Email ID: vivec-po@shroffsfoundation.org
Contact Person: Shri Vikas V. Vaze	Website: www.shroffsfoundation.org
Designation: Chief Executive Officer	Contact Person: Shri Raj Gopal
Email ID: ceo@shroffsfoundation.org	Designation: General Manager, VIVEC
	Email ID: <u>mgt.vivec@shroffsfoundation.org</u>



g. Undertaking

h. Cost Tables

7. Check List

S.	Name of the document	Attached
No.		
	Organization's registration documents (Society	
1	Registration Certificate/ Trust Deed/ Certificate of	YES
	incorporation)	
2	Bye-laws	YES
	Address proof document in VO's name (Latest telephone/	
3	electricity bill or bank letter). If not in VO's name, copy of	YES
	valid lease agreement.	
4	Income Tax Section 12 A certificate	YES
5	Income Tax Section 80 G certificate	YES
6	Permanent Account Number (PAN)	YES
7	Copy of FCRA Certificate	YES
8	Copy of Credibility Alliance	YES
		YES
9	Income tax return for the last 3 years (assessment year	AY: 2015-16
9	2015-16) – Year 1 which is the immediate previous year	AY: 2014-15
		AY: 2013-14
		YES
10	Copy FCRA return and FCRA balance sheet of last three	FY: 2014-15
10	years	FY: 2013-14
		FY: 2012-13
		YES
11	Statutory Auditor's Report for the last 3 years – Year 1 which is the immediate previous year	FY: 2014-15
11		FY: 2013-14
		FY: 2012-13
	Balance Sheet, Income & expenditure, Receipts and	YES
12		FY: 2014-15
12	payments account for last 3 Years	FY: 2013-14
		FY: 2012-13
		YES
12	Annual Report for the last 3 years	FY: 2014-15
13	Timitual Report for the fast 5 years	FY: 2013-14
		FY: 2012-13



Frequently Asked Questions

1. Can corporate fund more than 1 unit?

Answer: Yes. Sponsoring organization can choose the count of trainees it wants to support in multiple of units of 25 students each amounting to `1,00,000/- for four months up to a maximum of 55 units amounting to `55,00,000/- for 12 months.

2. What will be the evidence on money spend by the corporate?

Answer: SFT has well established system of accounts and its reporting. SFT will provide fund utilization certificate to the sponsoring corporate in the format mentioned on the page 11 of the proposal.

3. Is SFT reliable?

Answer: SFT is established in 1980 and initiated its rural development activities from 1989. SFT possesses following registrations. Also SFT has accreditation certificate awarded by the Credibility Alliance of India.

C	cerunicate awarded by the credibility Amance of mula.				
i.	Name of the Act under which the is registered	Mumbai Public Charitable Trust Act 1950			
ii.	Registration No. & Date	Reg. No: E / 2818 / Vadodara Date: 5/12/1980			
iii.	PAN No.	AAATS5947A			
iv.	Registration under Foreign Contribution Act	041960094 Date: 14/12/1999			
v.	Registration under 12 (A)	Registered vide file no: 110-36-S/80 Date: 20th Feb-1981			
vi.	Registration under 80 (G)	Registered vide file no: (197) (73) / 2007- 08 Date: 16 th Jun-2008			
vii.	Certificate of Accreditation on minimum norms	CA/58/2010-11 Date: 12th Oct-2010			

4. Mention about the Board Members

Answer: followings are the nine Board Members of SFT:

Sr.	Name of Trustee	Designation	Date of	Professional	Area of Competency
No.			Joining as a Trustee	Background	
1	Shri Kantisen C. Shroff	Chairman	20.11.2003	Retired Industrialist	Icon in Rural Development and Environment
2	Smt. Shruti A. Shroff	Managing Trustee	03.08.1987	Social Worker	Rural and Tribal development
3	Shri Atul G. Shroff	Trustee	19.10.1980	Managing Director, Transpek Ind. Ltd.	Agriculture management of NGO, Technological intervention in villages
4	Shri Tushar C. Dayal	Trustee	17.01.1998	Managing Director, Transmetal Ltd	Treasury management and Audits
5	Dr. J. B. Shah	Trustee	22.01.1991	Former Joint Director, Health & Family Welfare,	Health



Sr. No.	Name of Trustee	Designation	Date of Joining as a Trustee	Professional Background	Area of Competency
				Gandhinagar	
6	Shri R. K. Sama	Trustee	15.09.2001	Former Project Director-WASMO, Gandhinagar Former Director- SPIPA, A'bad Retired IFS, GoG	Watershed management, Rural and people centered development, Expert in Leadership development and Planning
7	Shri B. R. Shah	Trustee	12.09.2001	Retired Advocate	Legal issues, Techinical Training and Vocational Training
8	Shri N. Sukumar	Trustee	15.02.2008	Industrialist	Medical Care and Hospital Administration
9	Dr. Lataben Desai	Trustee	16.07.2009	Medical Doctor and Social Worker	Rural Development

5. History of the SFT financially, information about Head office

Answer: SFT is operating in Vadodara, Chhotaudepur and Kachchh region covering 424 villages and are served through its five centers. Its Head Office located at Kalali-Vadodara while centers are at Chhotaudepur, Jetpur Pavi, Hodko (Bhuj) and Paldi (Waghodia block, Vadodara Dist.). Following table shows the income and expenditure of last three years.

Years	2012-13	2013-14	2014-15
(last three years)	INR In Lakhs		
Total Income	722.77	1296.26	1446.33
Total Expenditure	667.49	1054.59	1671.68

6. Members of the Governing Bodies

Answer: SFT have its Board of Trustees and does not possesses any governing body.

7. Is there any report on the Meeting of Governing bodies?

Answer: SFT is regularly following all its legal practices and established systems. Averagely four meetings of the Board of Trustees held annually along with two audit committee meetings. We are having its documented Minutes of each Board and Audit Committee meeting which can be shown in person to any of our partners.

8. Audited statement of last year

Answer: We are having our accounts audited by one of the well known chartered accountants. We have published our audited statement on our website. You can visit the same on page: http://www.shroffsfoundation.org/publications.aspx

9. Whom shall we contact for donation

Answer: You can contact at

Shroffs Foundation Trust,

AT & Post: Kalali,



Tal & Dist: Vadodara – 390012. Phone: 0265-2680702/2680061 Email ID: sft@shroffsfoundation.org Website: www.shroffsfoundation.org

Contact Person: Shri Vikas V. Vaze Designation: Chief Executive Officer Email ID: ceo@shroffsfoundation.org

10. What are the other facilities will be provided to the tribal students?

Answer: VIVEC provides broad range of career oriented vocational courses which are relevant to emerging technologies and industrial requirements. With Vocational Skills of their chosen trades, all students learn yoga, meditation, English, basic computer, personality development under a specially designed Nachiketa program. Also different festivals are celebrated in the campus to feel homely. Hand holding support for preparation for an interview, placement and support to trainees after placement for six months are being extended to these tribal trainees at VIVEC.

11. Which is the corporate working with SFT?

Answer: SFT carries versatile experience of almost three decades in implementation of rural development programs in Gujarat and had successfully established a model where Industry, Community, Voluntary Organizations, Academic Institutions and Government Agencies are working together for social benefit in the true spirit of public private partnership. Following are the Corporates with whom SFT has worked with in last year:

- Agrocel Industries, Bhuj
- Gujarat Alkalies and Chemicals Limited, Vadodara
- Gujarat Narmada Valley Fertilizers & Chemicals Limited, Bharuch
- Gujarat State Fertilizer Company, Vadodara
- Hindustan Colas Pvt. Ltd.
- Hyderabad Chemicals Ltd., Hyderabad
- Kem-Tron Technologies Pvt. Ltd.

- Mahindara & Mahindra Pvt. Ltd., Vadodara
- Pidlite Co., Mahuva
- Shroff Engineering Ltd., Vadodara
- State Bank of India, Chhotaudepur
- Transchem Agritech Pvt. Ltd., Vadodara
- Transpek Industry Ltd., Vadodara
- United Phosphorus Limited, Mumbai & Vani
- Voltamp Transformers Ltd., Vadodara

12. GCSRA can monitor on the behalf of corporate?

Answer: Yes, GCSRA can monitor on behalf of the Corporate at mutually decided time by interacting with our head office as well as with the VIVEC team.