



CERTIFICATE COURSE FOR HOME CUM INSTITUTIONAL HEALTH CAREGIVERS (GERIATRIC HEALTH CARERS)

Monthly Progress Report

Reporting Period: 24th March 2019 – 24th April 2019



TABLE OF CONTENT

Activities Undertaken	Page No.
1. Classroom Teaching at IIPHG	02
2. Practical Lab Sessions C M Patel Institute of Nursing	02
3. Course Material Distribution	03
4. Course Feedback from Course Participants	03
5. Police Verification of Course Participants	03
6. Student Attendance Updates	04
7. Final Review of whole Course Content by Prof. Vasudev Rawal	04
Annexure	
1. List of Topics Covered and Resource Person	06
2. List of Skills Covered and Resource Person	07
3. Course Participant Feedback Form (Format)	08

Introduction

The Certificate Course on Home Cum Institutional Health Caregivers (Geriatric Health Carers) project is running in its 2nd phase which is course delivery. The course commenced formally from 18th March' 2019 after course inauguration event at IIPHG University campus. Key activities focused during the initial 1st month of course delivery includes Printing of course material, Classroom Teaching at IIPHG, Practical lab sessions at C M Patel Institute of Nursing, formal written course Participant's Feedback, Student's Police Verification and final review of all course content. Details of all of these activities are mentioned below.

Classroom Teaching at IIPHG

Formal classes of course has started from 18th March 2019. The course has five days class per week i.e. from Monday to Friday, 12 noon to 5 PM. Each lecture is of 1 hour (total 4 lectures/day) along with 30 minute lunch break and 2 breaks of 10 minutes in between two lectures. The list of topics covered till 24th April 2019 and resource persons for each lecture is in given in Annex -1.



Practical Lab Sessions C M Patel Institute of Nursing

The course participants receive hands-on-training for each skill which is a part of the course curriculum. It is ensured that theory part of each skill is taught to students at IIPHG before they go for practical demonstration at C M Patel Institute of Nursing. Two days per week is planned for practical sessions- mainly Thursday and Friday from 11:30 AM - 4:30 PM. Two clinical instructors from C M Patel are

dedicated for lab practice session along with two instructors from IIPHG. List of skills covered so far along with resource persons is given in Annex – 2.



Course Material Printing and Distribution

The course has total 11 modules and 26 chapters. Print outs of each module is kept ready prior to starting of that module in class. Each module printed booklets are distributed to all course participants before the module starts.

Course Feedback from Course Participants

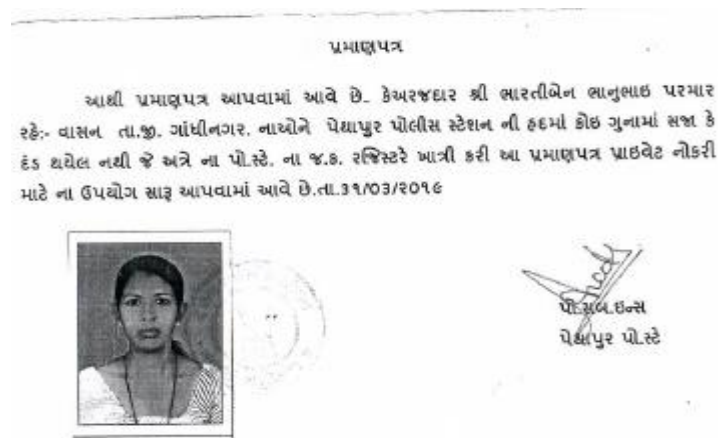
Project team has designed a participant feedback form to take feedback about the course. It is in Gujarati. The feedback is taken for each module once the course get completed. The feedback has various components such as Usefulness of Chapter/Topic, Understanding of Chapter/Topic, Name of Resource Person, Rating the faculty from 1-5, Suggestions or comments related to content, teaching methodology, faculty etc... The feedback format is attached as annex – 3.

18/06/2019

Certificate Course for Geriatric Health Caregiving
Participant Feedback Form

મોડ્યુલ ૧					
પાઠનું નામ	આ પાઠ તમને ઉપયોગી લાગ્યો? ૧. હા ૨. ખરાબ નહીં ૩. ના	આ પાઠમાં તમને અવર પડી? ૧. વધુ ૨. ઓછું ૩. કશુંક નહીં	શિક્ષકનું નામ	તમારા શિક્ષકને ૧-૫ માં માર્ક આપવા	અન્ય કોઈ ટીપ્પણી કે સૂચન (પાઠનો કોઈ ક્ષેત્ર સુધી સંબંધિત અથવા શિક્ષક માટે કોઈ સૂચન કરો.)
૧. સ્વાસ્થ્યને પરીચય	૨	૨	સીતલ પટેલ	૫	આથી રીંગ લાગાવવું હશે. તમારું સુદ્ધા ૦૫/૦૬ અને સ્વાસ્થ્યના પાઠ ની રીંગ લાગાવવું હશે.
૨. સ્વાસ્થ્ય સંબંધી જાણકારી	૨	૨	સીતલ પટેલ	૫	આથી રીંગ લાગાવવું હશે. અને વિડીયો પણ લાગાવવા હતા. તેની પણ જાણ કરાવવાની હતી.
૩. પુસ્તકનો પરીચય	૨	૨	શ્રુતિ વ્યાજ	૫	આથી રીંગ લાગાવવું હશે. (કોઈ) પણ લાગાવવા હતા - અને સંબંધિત ની રીંગ આથી લેવાઈ શકતી હતી.
૪. પુસ્તકની સાર-સંભાલ અને સારવાર માટે અભ્યાસ સમયા ક્ષેત્રી અભ્યાસ: સેવા: ક્ષણ અને વ્યવસ્થા	૨	૨	ડો. ભારતી વાઘી	૫	આથી રીંગ લાગાવવું હશે. આથી રીંગ લાગાવવું હશે. આથી રીંગ લાગાવવું હશે. આથી રીંગ લાગાવવું હશે.

Police Verification of Course Participants



As part of this course, students will be sent for training in various institutions e.g. nursing college, hospitals and homes of elderly patients within Gujarat. For this purpose it is essential that there credential e.g. criminal history is verified by the right authority i.e. local police office in-charge. IIPHG facilitated all candidate's police verification. As of today PV of all candidates is done and certificate copies are with IIPHG.

Student Attendance Updates

Total 22 candidates were admitted in this course. The daily classroom and lab attendance register is maintained by the Project Manager of this course. The attendance is taken on hourly basis; 4 times a day. About 95 % students have 75% and above attendance in the class.

Final Review of whole Course Content by Prof. Vasudev Rawal

Dr. Vasudev Rawal is M.D. in Preventive and Social Medicine and M.D. in Psychiatry. He has served Department of Health and Family Welfare, Government of Gujarat for many years as Additional Director Medicine Education and Research, Director State Institute of Health and Family Welfare, Joint Director AIDS Control Cell. He was a professor as well as Dean in different medical colleges in India. As he is having vast medical experience, all the course content is given to him on 22nd April 2019 for proof reading. The proofread copy is expected back from him by May end. He will be paid honorarium from the project budget for this task.

ANNEXURE

ANNEXURE 1. TOPICS COVERED SO FAR AND RESOURCE PERSONS (at IIPHG)

Sr. No.	Name of Topic	Resource Person
1	Introduction to Health	Ritu Patel
2	Introduction to Ageing	Bhoomi Vyas
3	Introduction to Healthcare	Ritu Patel
4	Introduction to Geriatric Health Carer	Dr Bharati Sharma, Dr. Reetu Sharma
5	Human Body	Ritu Patel
6	Common Diseases	Dr. Anil Chauhan
7	Human Mind	Dr. Bharati Sharma & Dr. Reetu Sharma
8	Hand washing & Use of PPE	Ritu Patel & Bhoomi Vyas
9	Social Health	Ritu Patel
10	Oral Care	Dr. Urvashi Patel
11	Toilet Support	Bhoomi Vyas
12	Bathing & Perineal Care	Bhoomi Vyas
13	Dressing	Bhoomi Vyas
14	Grooming	Ritu Patel
15	Positioning & Transfer	Ritu Patel
16	Medication Management	Bhoomi Vyas
17	Injury Prevention	Dr. Minjan Patel and Hitesh Puurohit
18	Restorative Care	Dr. Minjan Patel and Hitesh Puurohit
19	Vital Signs	Ritu Patel

**ANNEXURE 2. SKILLS COVERED SO FAR AND RESOURCE PERSONS (at C M Patel
Institute of Nursing)**

Sr. No.	Name of Skills	Resource Person
1	Basic Common Skills Handling a Plastic Trash Bag	
2	Oral Care Mouth Care to Unconscious Person	Sonal Patel Ritu Patel & Bhoomi Vyas
3	Toilet Support Helping a person use portable commode, Helping a person use bed pan, Helping a man use Urinal, Applying condom catheter, Providing catheter care, Emptying urine drainage bag, Giving enema, Collecting Urine and stool sample, Diaper use and disposal	Sonal Patel and Soyeb Ritu Patel & Bhoomi Vyas
4	Bathing, Dressing and Grooming Shampooing a person's hair in bed, Combing a person's hair, Helping in shaving, Helping a person in changing clothes, Helping in inserting and removing hearing and visual aid, Hand and foot care, Perineal Care, Complete bed bath, Helping a person with shower or bath tub, Giving a back rub	Sonal Patel and Soyeb Ritu Patel & Bhoomi Vyas
5	Positioning, Transferring & Feeding Support Lifting a person's head and shoulder off the bed, Moving a person up in bed using draw sheet, Moving a person to bed side, Turning a person using logrolling technique, Repositioning a person in chair, Transferring a person from bed to chair and from chair to bed, Helping a person to eat	Sonal Patel and Soyeb Ritu Patel & Bhoomi Vyas
6	Measuring Vitals Using digital thermometer to measure temperature, Evaluating radial pulse, Evaluating Respiration, Measuring Blood Pressure, Using glucometer	Sonal Patel and Soyeb Ritu Patel & Bhoomi Vyas
7	Bed Making Making an occupied bed, Making an unoccupied bed	Sonal Patel Ritu Patel & Bhoomi Vyas

ANNEXURE 3. COURSE PARTICIPANTS FEEDBACK FORM (Format)

Date:

Certificate Course for Geriatric Health Caregiving Participant Feedback Form

મોડ્યુલ ૧					
પાઠનું નામ	આ પાઠ તમને ઉપયોગી લાગ્યો?	આ પાઠમાં તમને ખબર પડી?	શિક્ષકનું નામ	તમારા શિક્ષકને ૧-૫ માં મારક આપવા	અન્ય કોઈ ટીપ્પણી કે સુચન (પાઠનો કોઈ મુદ્દો, સલાહવાચની પધ્ધતિ, શિક્ષક માટે કોઈ સુચન વગેરે.)
૧. સ્વાસ્થ્યનો પરિચય	૧. હા ૨. ખબર નહિ ૩. ના	૧. બધી જ ૨. કોઈક ૩. બિલકુલ નહિ	શૈનુ પટેલ		
૨. સ્વાસ્થ્ય સંભાળની જાણકારી			શૈનુ પટેલ		
૩. વૃદ્ધત્વનો પરિચય			ભૂમિ વ્યાસ		
૪. વૃદ્ધોની સાર-સંભાળ અને સારવાર માટે ધ્યાનમાં રાખવા જેવી બાબતો: શેવા, કસા અને જીવસાચ			ડૉ. ભારતી શર્મા		